



## How can parents help with remote learning?

Learning and teaching at home instead of at school is a challenge for everyone in the family. Parents can help create good framework conditions to ensure the process is successful. Your child's school is comparable to your own job/occupation meaning that your living room at home may be transformed into an open-plan office at certain times.

The basis for home-based learning is structure and a realistic expectation of yourself and your children. It is not possible to teach the full number of hours, but 3-4 hours will be possible.

# Remote learning checklist

#### 1. Structure:

- Fixed times:
  - Get up punctually and have breakfast
  - Establish fixed times at the desk/dining table
  - Take regular smaller and larger breaks and also change the "subjects""→ Set timers
  - o Create daily and weekly plans tick off tasks that have already been completed
  - Provide balance and include "analogue" activities (going outside, sports, board games...)

## 2. Learning environment

- If possible, set up a quiet place to study (a separate room with a desk, chair and necessary materials is ideal).
- A separate room can be very helpful, especially for video conferences
- Ensure that your internet connection is as stable as possible
- Prepare materials
  - Borrow PC / tablet / mobile phone, buy used, purchase for Christmas
  - Consider buying a printer (perhaps with other families)
  - Devices must be charged, functional and familiar
  - Purchase headphones/headset (for example at Action for 3 euros)
  - Test pens, pads, cartridges, etc.
  - Check documents (tables of contents, neatly written, everything filed)

## 3. Support

- Parents are not there to explain anything or replace the teacher, instead they are there to motivate and support the children.
  - Have things shown to them: Homework / daily assignments / IServ /
  - o Encourage them to ask other friends, if necessary the teacher via IServ.
  - o Inform teachers in case of problems / new information
- Gathering / passing on the latest information
  - Homepage / parent groups / IServ
- Give praise and make suggestions for improvement